



HELLO, I'M ANGELA PANTALEON, YOUR GUIDE TO THE BEST OF WHAT THIS TUSCAN ADVENTURE OF CHIANTI AND FLORENCE HAS TO OFFER. JOIN ME ON THIS WONDERFUL TRIP AS WE EMBARK ON AN EPIC WINE TOUR AT THE HEART OF TUSCANY.

**SEPTEMBER 6 - SEPTEMBER 12, 2024**

# TUSCAN VILLA YOGA RETREAT

TUSCANY AT HEART  
EXCEPTIONAL WINES AND HOSPITALITY

In the heart of the Chianti region, just a few kilometres from Florence.  
Providing mindful yoga, exceptional wines and outstanding hospitality.



## HISTORIC ELEGANCE

Located on the highest floor of the Villa, with a private access to the loggia with stunning 360 views of the surrounding landscape views of the Tuscan countryside.



## DINING OPTIONS

Our restaurant offers light local Tuscan food for lunch, and upon reservation, can prepare typical Tuscan diners in the evening.



## WINE TOUR

The visit of the cellar, oil and wine tasting are a must do in Cortè.



Mani in Pasta - A fun way to learn to make fresh egg pasta and discover secrets to make great dough and local recipes

## MAKE A RESERVATION

561-386-6086  
ANGELA PANTALEON

See Details and Itinerary Below



**6 NIGHTS 7 DAYS**  
**SEP 6 – SEP 12, 2024**

**FOR MORE INFO AND  
REGISTRATION**  
**(561) 386-6086**

## IMPORTANT THINGS TO NOTE

### What is included?

- 6 NIGHTS ACCOMMODATIONS AT LUXUROUS TUSCAN VILLA
- DAILY YOGA
- THAI MASSAGE WORKSHOP
- BREAKFAST, GOURMET DINNERS & WINE PAIRINGS
- SPECIAL BREWED TUSCAN COFFEES AND ESPRESSOS, WITH DAILY SELECTED TEAS WITH AFTERNOON CAKES AND LOCAL SOURCED HONEYS, AND JAMS
- EXCURSION AND SPECIAL TOURS TO DISTINCTIVE WINE DESTINATIONS THROUGH GREVE AND PANZANO
- **EXPO DE CHIANTI CLASSICO - 50TH ANNIVERSARY EVENT** IN THE HEART OF CHIANTI
- ALL VINEYARD TOURS AND TASTINGS
- SPECIAL TUSCAN PASTA COOKING CLASS
- & A FEW EXTRA SURRIZES
- ALL GROUND TRANSPORTATION & ALL TAXES AND GRATUITIES

### What is not included?

- ROUND TRIP AIRFARE FROM US TO FLORENCE, ITALY
- ANY ADDITIONAL DAYS IN FLORENCE

**PAY IN FULL BY JUNE 10TH – RECEIVE 10% OFF!**  
**PAY 50% NOW, AND THE REMAINING IS DUE 61 DAYS BEFORE THE TRIP**  
**TO LEARN MORE DETAILS AND TO REGISTER CLICK BELOW**

[\*\*CLICK HERE\*\*](#)



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# YOUR ITINERARY

## DAY ONE – FRI (9/6)

- MORNING ARRIVAL IN FLORENCE
- AIRPORT TRANSPORTATION WILL BE PROVIDED DAY OF ARRIVALS
- DIRECT TO TUSCAN VILLA WHERE ARRIVAL BRUNCH AWAITS
- CHECK-IN AND REST – FREE TIME TO EXPLORE THE TUSCAN VALLEY
- RESTORATIVE YOGA (LATE AFTERNOON)
- DINNER AT OUR TUSCAN VILLA (7:30 PM)

## DAY TWO – SAT (9/7)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST
- EXPO CHIANTI CLASSICO FESTIVAL – DAY 1
- HANDS-ON EXPLORATION AND WINERIES (TASTINGS WITH LOCAL OLIVE OIL, BALSAMIC, CHEESES, BRUSCHETTA, AND MORE)
- ENJOY A WINE/FOOD PAIRING TALK FROM THE VINTNERS
- DINNER AT LOCAL RESTAURANT IN GREVE
- RETURN TO VILLA

## DAY THREE – SUN (9/8)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST
- FREE TIME – POOL AND EXPLORE
- THAI MASSAGE CHAKRA WORKSHOP
- LIGHT LUNCH
- 3 COURSE DINNER AT VILLA WITH WINE PAIRINGS

## DAY FOUR – MON (9/9)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST
- EXPO CHIANTI CLASSICO FESTIVAL – DAY 2
- DINNER AT LOCAL RESTAURANT IN GREVE
- RETURN TO VILLA

## DAY FIVE – TUES (9/10)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST

### MANI IN PASTA!

HANDS ON COOKING CLASS – LEARN TO MAKE YOUR OWN DOUGH AND PASTA BY ON PREMISE PRIVATE CHEF. CHEF WILL USE OUR PASTA TO SERVE WITH WINE PAIRINGS FOR DINNER.

## DAY SIX – WED (9/11)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST
- FULL DAY ADVENTURE (HANDS ON EXPLORATION OF VARIOUS WINERIES & CASTLE TOUR WITH LUNCH INCLUDED)
- DINNER AT LOCAL RESTAURANT IN GREVE

## DAY SEVEN – THU (9/12)

- WAKE UP AND REFRESH MORNING YOGA
- LOCAL AND FRESH BREAKFAST
- DEPARTURE DAY – VILLA CHECK-OUT
- MORNING BREAKFAST, HUGS AND GOODBYES
- TRANSFER TO THE FIRENZE AIRPORT WITH NEW FRIENDS AND AWESOME MEMORIES!

IF YOU REQUIRE ANY ASSISTANCE WITH AIRFARE, OR LODGING, INCLUDING LOYALTY PROGRAMS, I AM ALSO A TRAVEL ADVISOR WITH ACCESS TO ALL SERVICES AND PACKAGES. PLEASE DON'T HESITATE TO INQUIRE. IF YOU PREFER TO STAY FOR ANY ADDITIONAL NIGHTS, I CAN COORDINATE ACCOMMODATIONS PLEASE LET ME KNOW IN ADVANCE AS WELL AS PREFERRED HOTELS TO HELP WITH ANY DISCOUNTS